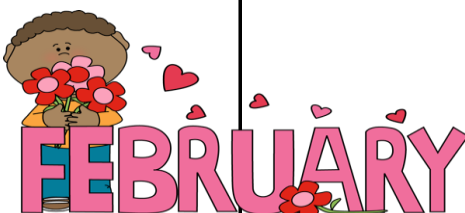


February 2026

# First Step to Nutrition

Breakfast, Lunch & PM Snack - 1% Milk/whole milk served to children age 1 WG=whole grain

\* Provider Signature: \_\_\_\_\_

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
						
1	2 Sloppy Joe Peas Pineapple Bun/Milk  Bagels Oranges/Milk PM-WG Cinn Toast/Milk	3 Grilled Cheese Tomato Soup Applesauce WG Bread/Milk  Kix Grapes/Milk PM - Apple/PB/Milk	4 Chicken Soup Celery & Carrots Fruit Salad WG Rice/Milk  Cream of Wheat Banana/Milk PM - Pretzels/Milk	5 Breakfast Sausage Green Beans Orange French Toast/Milk  WG English Muffin Peaches/Milk PM - Wheat Thins/Milk	6 PB & J Sandwich String Cheese Carrots/ Apple WG Bread/Milk  Cheerios Bananas/Milk PM-Mango Smoothie/Milk	7
8	9 Lasagna w/ hamburger Salad Fruit Cocktail Milk  WG Waffles Pears/Milk PM - String Cheese/Milk	10 Turkey & Cheese Carrots Peaches Pita Bread/Milk  WG Cheerios Melon/Milk PM-Grapes/Milk	11 Beef Tacos Lettuce/Tomato Apple WG Tortilla/Milk  French Toast Bananas/Milk PM - Pretzels/Milk	12 Chicken Penne Broccoli Applesauce WG Penne/Milk  Kix Fruit Cocktail/Milk PM - Yogurt/Milk	13 Macaroni & Cheese Green Beans Pineapple Milk  WG Toast Apple/Milk PM - Soft Pretzels/Milk	14
15	16 Meatloaf Sweet Potatoes Banana Roll/Milk  WG Waffles Blueberries/Milk PM - Graham Crackers/Milk	17 Chicken Breast Carrots & Broccoli Apple WG Fried Rice/Milk  WG Cheerios Bananas/Milk PM - Yogurt /Milk	18 Spaghetti and Meatballs Salad Fruit Cocktail Milk  WG Toast Applesauce/Milk PM - Celery w/PB/Milk	19 Chicken Soup Corn Pineapple Corn Bread/Milk  WG Oatmeal Pears/Milk PM - Bananas/Milk	20 X Cheese Pizza Green Beans Peaches Milk  English Muffins Mandarins/Milk PM - WG Crackers/Milk	21
22	23 Scrambled Eggs Peas Fruit Cocktail WG Toast/Milk  Rice Krispies Peaches/Milk PM - String Cheese/Milk	24 Cheese WG Ziti Salad Peaches Milk  Corn Muffin Strawberries/Milk PM - Pretzels/Milk	25 Grilled Cheese Tomato Soup Apples WG Bread/Milk  Pancakes Applesauce/Milk PM - Yogurt/Milk	26 Beef Tacos Lettuce/Tomato Pineapple WG Tortillas/Milk  Bagels Oranges/Milk PM - Animal Crackers/Milk	27 Baked Chicken Broccoli Fruit Cocktail Roll/Milk  WG Cheerios Banana/Milk PM - Roasted Chickpeas/Milk	28